

Suggested Donations

dry pasta & rice

pasta sauces

mac & cheese dinners

cereal, oatmeal

canned/powdered milk

pancake mix & syrup

baking supplies

peanut butter

canned meat & fish

beans, peas & lentils

canned baked beans

canned soups & stews

canned tomatoes

canned vegetables

canned fruit

fruit & vegetable juice

toothpaste

toothbrushes

soap/shampoo

toilet paper

laundry detergent

dish soap

tampons & pads

diapers [^{size} 4-6]



Note:

Given our understanding of the health issues related to excess salt and sugar, food items processed with less of these are appreciated, as are whole grain and gluten-free choices.

Thank you!